

PRE AND POST CARE INSTRUCTIONS – EYE LASH EXTENSIONS

Pre-Care Instructions:

Arrive to your Lash Appointment with Clean Mascara Free Lashes

To begin your Lash Application Service, please arrive 10-15 minutes before your scheduled appointment to fill out any necessary paperwork. To maximize the longevity of the eyelash extension and the amount of eyelash extension application time, please arrive with no eye makeup and with your eyes and lashes thoroughly cleansed prior to your scheduled appointment. Having makeup free eyelashes will dramatically increase the life of your eyelash extensions and will also increase the amount of eyelash extensions you will have applied.

What to expect: When you arrive, you will be asked to complete a Client History form. Technician will evaluate and discuss your needs and expectations. You will be comfortably reclined on a treatment bed, with eyes closed. Your bottom lashes will be protected with a small under eye pad. Each synthetic lash is dipped in a medical grade bonding agent and applied to an individual natural lash. The number and length of lashes applied is determined by the desired look, as well as health and thickness of your own natural lashes. The entire procedure generally takes between 90-150 minutes for a full set and as little as 30-90 minutes for refills

Post Care Instructions:

- Following post care will ensure a better and longer lasting post service result.
- Avoid getting your lashes wet within the first 24 hours after your application.
- For the first 48 hours after application it is suggested to avoid swimming, saunas, or steam rooms.
- It is best to avoid oil based eye products as they will weaken the bond of your adhesive.
- Do not pick, pull or rub your lashes. If you would like to remove your eyelash extensions, please schedule an appointment. Attempting to remove extensions yourself is **NOT RECOMMENDED**, as it may cause breakage or loss of your natural lashes, and eye and eye lid irritation. Eyelash extension removal includes a lash conditioning treatment to maintain the health and integrity of your natural lashes.
- Avoid using mascaras that are not formulated for lash extensions.
- Do not use an eyelash curler on extensions, as it may break the bond of your extensions as well as causing your natural lashes to break or be damaged. The extensions come pre-curved so additional curling is not necessary.
- If you experience any signs of irritation contact your lash extensionist immediately. You could be experiencing an allergic reaction to the extensions and need them removed.
- It is recommended to come for your eyelash extension touch up within 2-3 weeks to replace any outgrown lashes.
- Avoid eyelash tinting, perming or chemical treatments.
- Avoid chemical peels, waxing or laser treatments around the eyes.
- Avoid sleeping on side or stomach. If this is a challenge, we recommend trying the eye protective mask.
- Use the lash wand to brush your extensions every morning and night to reduce tangling and flipping of the extensions.

Additional Advisories after the first 48 hours: Although the adhesive has dried, certain activities can weaken the adhesive bond and result in premature loss of your lash extensions. Therefore the following guidelines are recommended:

- You can swim, shower and exercise as usual but avoid excessive exposure to heat or steam.
- If you wish to wear mascara on your eyelashes, use only "lash extension mascara" to blend in natural lashes with extensions, lightly apply mascara to the tips of the extensions. This water-soluble, hypoallergenic formula was developed specially for use with lash extensions. Waterproof mascara should not be used. The use of non-recommended mascara will break the bond of your eyelash extension adhesive and may fray extensions. This will result in a higher extension loss rate.
- Also a protective coating can help seal the adhesive and create an even stronger lash bond.

Scheduling Touch Ups: Please schedule touchup appointments accordingly. Due to the natural life cycle of your natural lashes and your own lifestyle you can expect to need refills every 2-4 weeks.

Post care products: Extra lash wands, Cleanser, Protective Coating, Extension friendly mascara and eye protective sleeping masks are available for purchase at Le Lux Beautique.