

PRE / POST CARE INSTRUCTIONS PERMANENT MAKEUP

In order to minimize the risk of possible side effects and complications of permanent makeup please follow these simple steps:

PRE-TREATMENT INSTRUCTIONS

- No sun or tanning prior to or after the procedure.
- Avoid direct shower water on treated area until healed.
- Refrain from the use of alcohol, caffeine, aspirin, aspirin-containing medications, ibuprofen, or other blood-thinning medications for seven days before and two days after any procedure. Refrain from judgment-altering drugs for at least 24 hours prior to any procedure. No medication should ever be discontinued without first consulting your physician.
- A skin test is offered upon request.
- Please come to the appointment with a clean face and without makeup.
- Getting a procedure while on your period can make you hyper sensitive.
- Avoid extreme exercise prior to or directly after a procedure.
- Avoid swimming or hot tubs until treated area is healed.
- Since delicate skin or sensitive areas may swell slightly or redden, some clients feel it is best not to make any social plans for a day or two following any procedure. It is always best to avoid these procedures within months prior to important life events such as weddings. Procedures may take longer than expected to be complete under some circumstances.
- Use only the ointment that is recommended for after care. If an allergic reaction occurs, please call with any questions or concerns.
- Wash hands thoroughly with antibacterial soap before touching the treated area.

REMEMBER: Swelling is normal for all procedures. Apply an ice pack for 10 minutes or less. Dry skin, itching, and tenderness on treated areas are normal. These symptoms will stop and vary on an individual basis. If you decide to self-medicate before any procedure (such as taking Benadryl, a relaxant, etc.) you must have a ride home, as this may impair your ability to drive. While your technician will work to keep you as comfortable as possible, he/she will not provide any medications.

POST- TREATMENT

It is especially important to prevent infection of the treated area(s). Wash hands thoroughly before touching or applying ointment to the treated area(s).

Eyelash Enhancement, Eyeliner or Eyeshadow Guidelines

Usually, eyes are most swollen the morning after the procedure as gravity takes over during the night. (Also, during the evening you may soil your pillow with residual eyeliner pigment.) However, upon waking the morning after the procedure, and with normal activity, eyes become much less swollen within a few hours. It is important to keep your eyes moist at all times with the aftercare ointment. It is best to apply the ointment approximately 2-3 times a day for 5-7 days. Use a fresh Q-tip with each application of ointment. Do not pick at the eyeliner if you notice a little lifting of color. Let it fall off naturally. Do not wear contact lenses for at least 48 hours following the procedure, however, technically, your eye doctor should advise you as to when you may resume contact lens use. Do wear sunglasses when in the sun in order to protect the fresh color for the first two weeks. Stay out of sun, pools, hot tubs and all creams around the eye for two weeks. Do not use any eye makeup for one week, and then please use a fresh tube of mascara. If there are any other concerns or questions please call Le Lux Beautique. A new tube of mascara to use after eyeliner treatment is recommended.

Eyebrows

Eyebrows will not appear swollen, however, they will be tender for a few days. You will need to apply an aftercare ointment to your eyebrows approximately 2-3 times a day for 7 days. Use a fresh Q-tip with each application. Do not wear any makeup over your eyebrows for 5 days. Do not pick at the eyebrows if you notice a little lifting of color. Let it fall off naturally. Stay out of the sun, pools, hot tubs and avoid direct water pressure. Refrain from electrolysis for at least 2 weeks following an eyebrow procedure. Eyebrows are always darker immediately after the procedure. Within one week, the color becomes much softer. Dryness, itching, tenderness, and/or redness in the treatment area. After the first application, there might be 'bald spots' on the skin where the pigment did not take. This is a normal condition after the first appointment. It will be corrected during the touchup session.

Lip Liner and Full Lip Color

Lips will feel swollen and tender for a few days following the procedure. However, they will only be slightly swollen. In fact, the majority of women enjoy the fuller shape of their lips following the procedure. Although you will feel comfortable with the size of your lips following the procedure, you will question the intensity of color on your lips. Be assured that the color of your lips will lighten significantly in just a few days. It is important to apply aftercare ointment to your lips consistently during the first week, especially. You will notice that on the second day post procedure, your lips will start to slough off the pigment. Do not pick at your lips. Allow your lips to slough off the pigment

naturally. Usually, by day 4 or 5 the sloughing is complete. Your lips, at that time, will be quite light in color. However, they will begin to become more colorful with each passing week up to 6 weeks. They will soften into the beautiful shade you have been patiently waiting for. Meanwhile, you may apply an ice pack (which is protected with a wet barrier film of paper toweling) for 10 minute intervals for the first couple of days. Ice may be applied every hour or so, if desired. During the first two weeks, please follow these guidelines for beautiful lip color:

- Stay out of the sun (even up to 6 weeks) as the sun will quickly fade color.
- Be careful when brushing your teeth as toothpaste will pull out pigment.
- Do not bite into greasy, oily, salty or spicy foods, rather cut them up and place them into your mouth.
- Consistently apply the aftercare ointment to your lips. Use a clean Q-tip with each application.
- Do not pick or pull off the sloughing pigment, let it fall off naturally.
- You may wear lipstick after the first two weeks if the tube of lipstick is new.
- See your physician for anti-herpes medication to help prevent cold sores two days before your next lip appointment (if needed).

SCHEDULING TOUCH-UPS: The need for a touch-up varies from person to person. Generally, there is no charge for the first touch-up as long as it is performed within six months from the original procedure. If a touch-up is desired past this time, there may be additional fees. Touch-ups cannot be scheduled any sooner than four weeks following the previous procedure. The skin needs at least four weeks to completely heal and may need longer with elderly patients and/or smokers.